Beckfoot Upper Heaton Curriculum Vision for Physical Education



Intent

What are we trying to achieve?

At Beckfoot Upper Heaton we ensure that our curriculum is relevant in meeting the needs of all students; it builds their cultural capital, motivates and excites. The curriculum will equip every student with the skills, knowledge and values to succeed. We ensure that we challenge and nurture our students so that no child is left behind.

Confident Communicators

Our students will be able to confidently discuss sporting concepts across many sporting disciplines. They will continue to develop and understanding of the benefits of physical activity and will be able to evaluate and articulate why lifelong sport participation is beneficial to their own health and well being.

Knowledgeable and Expert Learners

Our curriculum enables all our learners make above rapid progress in line with their starting point. Schemes of work enable learners develop a wide range of skills together with breadth and depth of sporting skills and knowledge. 'Enjoy, Learn, Succeed.'

Committed Community Contributors

Pupils have an understanding of the personal contributions that can be given to the wider sporting community through volunteering, coaching and sporting involvement. They will develop leadership skills, encouraging their personal development and allowing them to guide and educate others.

Future-Ready Young People

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. Students understand the value of partaking in sport in a physical, social and mental capacity. Opportunities to compete in sport and other activities build character, teamwork and help to embed values related to SMSC.

'Every child needs to believe deep down that life is not something done to you but something you can grasp and shape into something meaningful'.

Implementation

How will we achieve our intent?

By the end of Key Stage 3 our students will be able to:

KS3 - Three Years

develop their technique and improve their performance through practice and critical analysis through a range of sporting disciples.

-use a range of tactics and strategies to overcome opponents in direct competition through team and individual games across a range of sporting disciplines.

-develop their ability to lead other through warm ups and small skill drills building on their confidence.

-take part in intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group.

-demonstrate an understanding of components of fitness, types of training, and exercise intensity.

-Officiate small sided games demonstrating an understanding of rules and regulations across a variety of sports.

KS4 - Two Years

-KS4 students continue to further develop techniques of skills, demonstrate understanding of rules, egulations and tactics in sport. Dive deep into critical analysis of performance and understand the importance of physical activity from a physical, social and mental perspective.

-Take further responsibility when seeking opportunities beyond school to lead partake in sport.

BTEC Level1/2 Sport Students Have a deep knowledge of Exercise Intensity, Principles and Further Principles of Training, Types of

Training, Fitness Testing and Components of Fitness and how they directly relate to all sporting disci-

—Confidently lead part and whole lessons and extra-curricular activities.

-Demonstrate a deep understanding when planning and conducting a Fitness Training Programme. together with a full analysis of fitness programme improvements.

-Demonstrate knowledge of rules, regulations and scoring systems in a variety of sports.

Enrichment

-All students have the opportunity to participate in enrichment activities both recreationally and when representing school.

-Students participate in sport at grass roots level with a view to participate in sport at amateur club level and elite level. Students are advised/ encouraged to join clubs within their community and understand the pathways and exit routes to sport.

Oracy

-Students will be able to articulate themselves using a variety of key sporting terms and phrases.

-Students will transfer key sporting terms when evaluating, coaching, offici-

Students articulate themselves well when answering questions.

Literacy

-Students demonstrate their literacy skills when:

-Scaffolding and structuring sentences in coursework and written tests.

-Spelling key terms in written tests and coursework.

-Recording data, measuring, analysing and using equations.

-using reciprocal coaching and feedback analysis material.

Personal Development

-Improve social skills, mental health and develop their physical and skill related components of fitness throughout their school journey.

-Develop knowledge , resilience and character to achieve personal goals.

-Understand the importance of ethics and values, including cultural differences.

-Develop an understanding of health and safety when performing high risk sporting disciplines.

Impact

How will we know if we are successful?

Well timed, planned and moderated assessment and feedback makes sure our learners know where they are on their learning journeys and what they need to do to get to the next level. Data is moderated within departments through Project Accuracy and across the Trust. Data is well used by all staff to inform teaching and learning as well as necessary interventions. Data is shared with parents and carers at key points throughout the year to allow our students to be supported at home as well as in school.

Outcomes

Achievement will be in the top 20% of schools Our most vulnerable students will be above national average.

Next Steps

All our leavers will gain the qualifications to move on to suitable courses or next steps (0% NEET)

Attitude to Learning

Our learners attitude to learning will be above 1.5. Our exclusion rate will be below the national average.

Attendance

All our learners will want to attend school - attendance will be above 97% (below 8% PA)

Community Involvement

All of our learners will take place in activities outside of the classroom as they develop their confidence and resilience.

Stakeholder Voice

All our learners will take place in the BUHSL election and via student voice will have a say in what happens in their school.