

5th October 2023

Dear Parents/ Carers

RSHE curriculum at BUH

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our PSHCE curriculum. PSHCE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHCE curriculum is to help pupils make safe and informed decisions during their school years and beyond.

Relationships, sex and health education (RSHE) is the statutory element of our PSHCE curriculum and all schools in England are required to teach *RSHE (relationships, sex and health education)*. We will be teaching lessons about RSHE as part of PSHCE lessons. We have worked hard to make sure that our RSHE curriculum reflects our pupils age and maturity as well as their cultural and religious background, embodies the school values and supports every pupil's learning needs. A curriculum overview can be found on the school website.

We want to assure parents that our curriculum is taught in an age-appropriate manner and provides pupils with the time to ask questions in a safe environment and ultimately receive factual information, rather than hearing content second hand or via online platforms. In the 21st century pupils are exposed to so many of the incorrect messages about their bodies, relationships and expectations. The prevalence of social media makes it important that all young people have a place to discuss pressures, check facts, dispel myths and ultimately feel safe.

As RSHE is a statutory subject, as per DFE guidance, the right to withdraw applies only to sex education, not relationships or health education. Further information can be found on the RSHE policy on our website.

If you do have any queries, please do not hesitate to contact Aneesa Hussain (PSHCE Lead) or Louise Morgan (Assistant Headteacher Personal Development)

Yours sincerely

Aneesa Hussain**PSHCE Lead**

CEO: Shirley Watson

Chair of Academy Trustees: John Winkley

Headteacher: Biman Dey

