



Safety Alert!

Be Safe!

Stay Safe!

Know how!

Even before Coronavirus, children were spending an average of **five and a half hours a day** on social media. With schools closed and many children forced to stay indoors this is bound to increase.

Social media

Video chats

Gaming

Live streaming

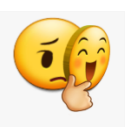
Here at Trusted Relationships we want to support PARENTS & CARERS to remain vigilant to the dangers children face as they spend more time online due to the Coronavirus lockdown.



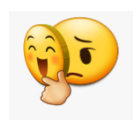
17% increase in children live streaming since the lockdown – who's watching yours?
(Source Zurich, 2020)



One-in-10 seven to 17-year-olds claim they are unmonitored online during the lockdown
(Source Zurich, 2020)



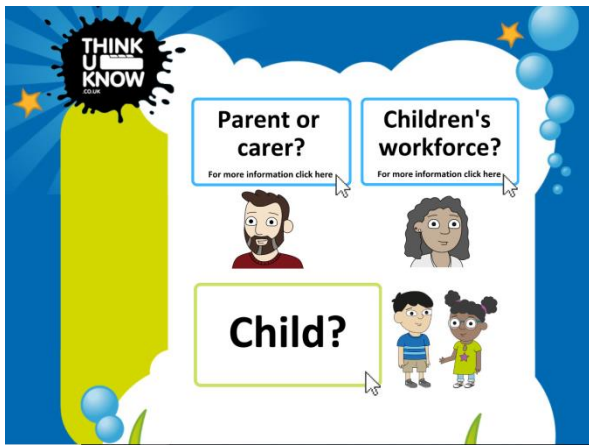
A fifth of children questioned in a recent survey said that they had spoken to a stranger online
(Source Zurich, 2020)



We can't ignore the fact that sex offenders are also sitting at home and most will access the internet."
(Source Ineqe Safeguarding Group, 2020)



That's why we're sharing some of our favourite online safety resources with you. Please take a look even if it's only for 10mins (PTO)

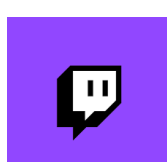
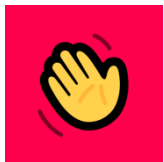


'Think U Know' by the National Crime Agency (NCA). They have produced a series of 15-minute activity packages for parents and carers which are available on the NCA's social media platforms and the website thinkyouknow.co.uk.



The INEQE Safety Centre offers easy to follow advice on how to adjust privacy and security settings on many popular apps as well as regular 'Top Tip' safety cards:

Find out more at:
<https://oursafetycentre.co.uk/>



NSPCC & O2 Share Aware - Helps parents untangle the web and gives Top Tips to teach children about safety online. Explore popular social networks, apps and games, to learn more about suggested ages and how to use privacy settings.

Visit:

WWW.NSPCC.ORG.Uk/shareaware



Marianne
 Trusted Relationships
 07736 197 269