

## WHAT'S BEEN HAPPENING IN SCHOOL?

### FIRST GIVE FINAL

Year 9 students represented their chosen charities at the final in school last Friday.

The winners are: Zakaria, AbuBakr, Hamza, and Rehan all from Mr R Hussain's Tutor group. They were supporting Charity Right. Well done everyone!

It was such a privilege to be part of the panel of judges for the First Give final. The time and effort that had gone into the campaigns and fundraising was awe-inspiring. The standard was so high that picking a winner was very difficult for the judges - so much so we had two highly commended teams as well as a winner!

Miss Moran



Year 8 student—Rafi who plays for Al-lerton Football Club for the last 8 months as a striker attack has received the Chairman's Player of the Month award.

Well done Rafi! We're proud of you!



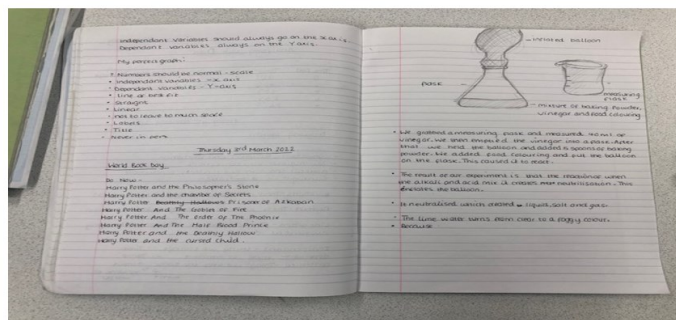
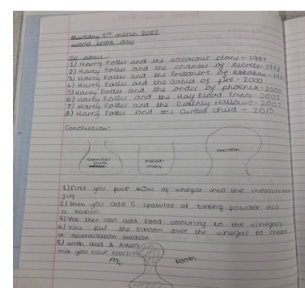
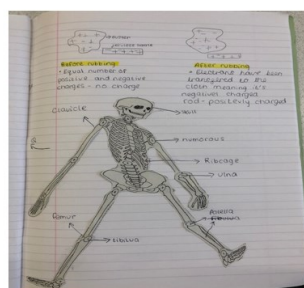
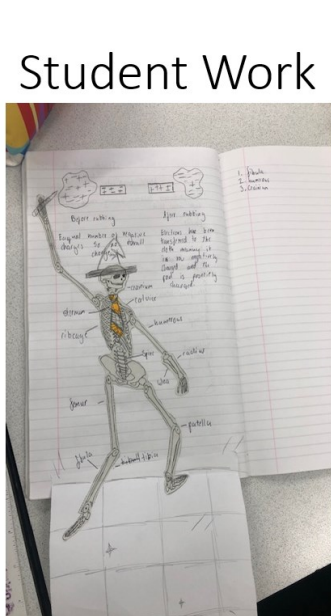
## WHAT'S BEEN HAPPENING?

### WORLD BOOK DAY IN SCIENCE

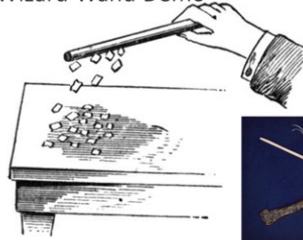
In Science for World Book Day, students conducted experiments like they do at Hogwarts. Below are some examples of our students' work and you can see photos of some of the experiments they did on our website—follow this link to see

[Beckfoot Upper Heaton - World Book Day in Science](#)

#### Student Work



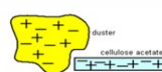
#### Wizard Wand Demo -



Is your teacher  
magic or are  
they using  
science to  
impress you?



#### Explain this in your own words.



Before rubbing

Equal number of  
positive and negative  
charges – so no overall  
charge.



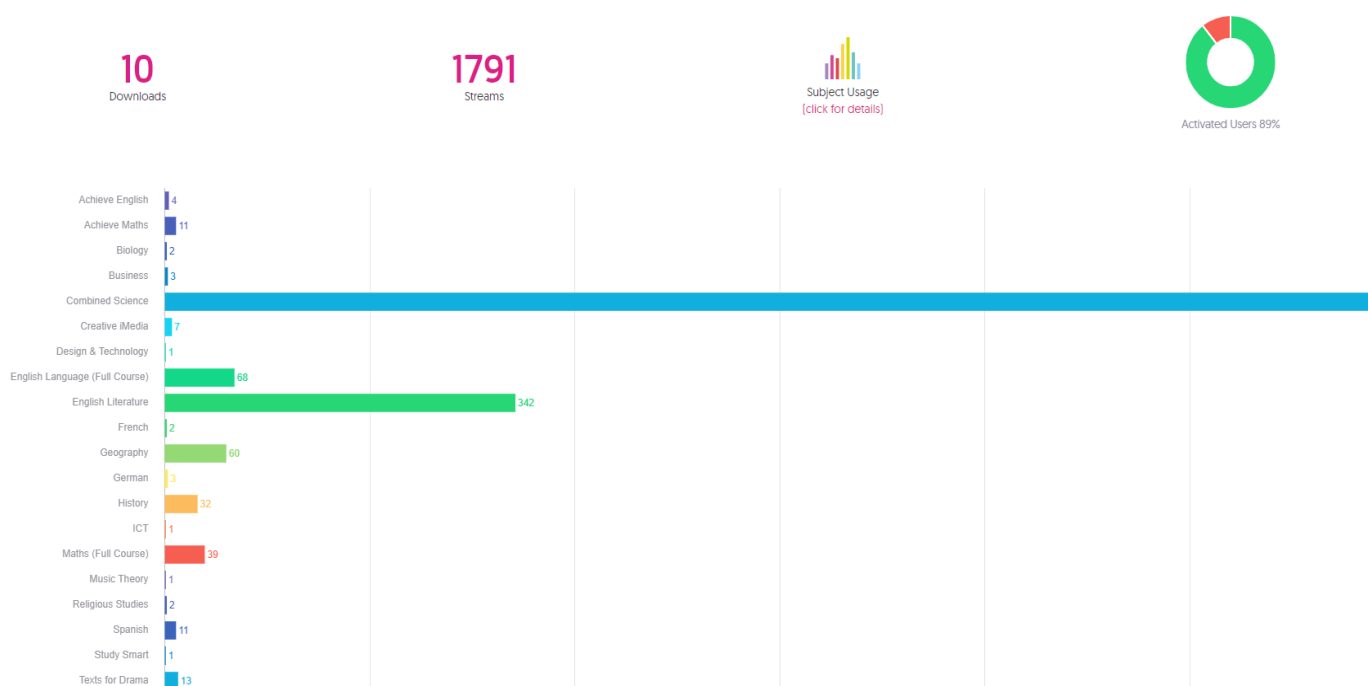
After rubbing

Electrons have been  
transferred to the  
cloth meaning it is  
now negatively  
charged and the rod is  
positively charged.

## MORE NEWS FROM SCIENCE

More news from the Science department.

Below are the GCSE Pod scores for our Year 11—Fantastic!



Try this—See your name fly around the moon—[NASA Artemis | Send Your Name to](#)



# LITERACY



Abhor

Match the word with the correct definition

Belligerent

This is a word used to describe something short lived – something that doesn't last very long.

To be hostile, aggressive or rude

Ephemeral

A feeling of hostility towards something or someone.

Animosity

To really, really hate something. To be disgusted by it.

## LITERACY

### Read like a... **'PE enthusiast'**



Look for key  
sporting  
vocabulary and  
terminology

Do you know what all the key  
terms and concepts mean? How  
can you improve your  
understanding?



Look for key  
command  
words

What are you being asked to do?  
What order should you do things  
in? How should you present your  
answer?



Look links with  
things you  
already know

Where have you heard these  
words and concepts before? What  
prior knowledge do you need to  
fully understand this?



Look for the BIG  
IDEAS behind the  
text/ question

What is the text trying to tell  
you? What information can you  
pick out about the  
text/question? What is  
relevant/irrelevant?

**'Exercise is the key not only to  
physical health but to peace of  
mind'**

# NOTICES

Are you looking for your next challenge? Do you relish the chance to work closely with great colleagues to make rapid sustained school improvement? If so, we have the perfect opportunity for you.



[Administrator | Beckfoot Trust](#)

[Caretakers - x2 Positions | Beckfoot Trust](#)



## TESTS & ASSESSMENTS

Reminder to Yr10Ma1 that they have a Unit 9H test on Quadratics, Simultaneous Equations and Inequalities next week.

## OTHER NEWS

Mrs Knight, our French Teacher has raised £600 for cancer charities and swum 13.38 miles in 26 days!

Well done Jo!



# **RED NOSE DAY**

## **FRIDAY, 18TH MARCH**

**On Friday 18<sup>th</sup> March, Beckfoot Upper Heaton will be raising money for Comic Relief**

We will be having a **non-uniform day for £1.00**

*No caps or hats*

*No side bags*

*No coats indoors*

We are also going to be selling **Red Noses for £1.50** where you have the chance to get the rare red nose

Students will also have the opportunity to enter a **'Guess how many sweets in the box' competition for 20p**  
The winner gets the whole box!





## GET TO KNOW YOUR NOSES



**FUNNY  
IS POWER**

18 March 2022

This year's Red Noses are our wildest bunch yet. There are eight characters to track down – including the rare multi-coloured Cam the chameleon – each with their own roarsome fundraising idea for Red Nose Day 2022.



**Dot**

There's no stopping Dot, who can often be spotted racing bestie, Dash.



**Dash**

Energetic Dash loves hanging out with Dot – usually at the top of a tree.



**Sky**

Curious by nature with a head for heights, Sky's great at watching over the group.



**Chip**

Happy hippo Chip always has a joke to tell and a smile to share.



**Rocco**

Rocco's a bit of a whizz in the kitchen, whipping up ginger snaps and croc chip cookies.



**Flo**

With those fabulous feathers and a flair for performing, Flo's ready to take to the stage.



**Lucky**

Kind, brave and totally roarsome, Lucky's the leader of this wild bunch.



**Cam**

If it's dressing-up ideas you're after, Cam's got a colourful outfit for every occasion.

### Come and pick your nose

Noses sell for **£1.50 each** and at least **75p goes to Comic Relief** to help transform lives in the UK and internationally.

For information on Covid-safe fundraising, go to [comicroelief.com/schools](https://comicroelief.com/schools)

#### Where?

**RECEPTION OR IN TUTOR TIME**

#### When?

**BREAK, LUNCH AND TUTOR TIME**

There's  
a 1 in 400  
chance you'll  
track down  
colourful  
Cam.

**ENJOY YOUR  
NOSE SAFELY**  
[comicroelief.com/your-nose](https://comicroelief.com/your-nose)



# *Italian Day Thursday*

19th May



## Menu

Cheese and Tomato pizza  
Served with Chips & Beans

Pasta Arrabbiata  
Served with Garlic Bread and salad

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Pancakes served with ice-  
cream and Strawberry  
drizzle sauce

Chocolate sponge with Chocolate  
sauce

Jacket Potatoes, Sandwiches, &  
Panini will still be available

**FM Catering Services**

# BUH Bulletin

## Friday, 11th March 2022



## NEW MENU

| Menu 3A                                                                                                                                                   | Monday                                                                                                                                                                                                | Tuesday                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Week 1                                                                                                                                                    | <p>Cheese &amp; Onion Flan<br/>Vegetarian Spaghetti<br/>Bolognese</p> <p>with Garlic bread<br/>and Seasonal Salad</p> <p>Chocolate Sponge &amp;<br/>Chocolate sauce<br/>Freshly Prepared Fruit</p>    | <p>Halal Keema Burger<br/>Quorn Burger in a bun<br/>Macaroni Cheese</p> <p>With Homemade Jacket<br/>Wedges &amp; Crunchy<br/>Coleslaw</p> <p>Date Crispy Crunch<br/>Freshly Prepared Fruit</p>     | <p>Halal BBQ Chicken Pizza<br/>Cheese &amp; Tomato Pizza</p> <p>Herby Potatoes and Baked<br/>Beans or Seasonal Salads</p> <p>Lemon Shortcake &amp;<br/>Custard<br/>Freshly Prepared Fruit</p>                      | <p>Halal Roast Chicken &amp;<br/>Yorkshire Pudding<br/>Veg Chilli Taco Boat</p> <p>With Homemade Roast<br/>Potatoes, Seasonal<br/>Vegetables &amp; Gravy or<br/>Salad</p> <p>Ice cream with Seasonal<br/>Fruits</p>        | <p>Golden Fillet Fish Fingers<br/>Salmon Fish Fingers<br/>Vegetable Dippers</p> <p>With Chipped Potatoes<br/>Seasonal vegetables or<br/>Salad</p> <p>Butterfly Bun<br/>Fresh Fruit Salad</p>                    |
| Week 2                                                                                                                                                    | <p>Halal Keema &amp; Peas Curry<br/>with 50/50 Rice<br/>Pasta Ariabiata</p> <p>With Garlic Bread and<br/>Seasonal Salad</p> <p>Syrup Sponge &amp; Custard<br/>Freshly Prepared Fruit</p>              | <p>Halal Meat Lasagne<br/>Cheese &amp; Broccoli Quiche</p> <p>Homemade Roast Potatoes<br/>and Seasonal Salad</p> <p>Fresh Fruit Salad &amp; Ice<br/>Cream<br/>Yogurt</p>                           | <p>Chicken Bhuna<br/>Vegetable Biryani</p> <p>With Wholemeal Rice or<br/>Naan Bread and seasonal<br/>Salad</p> <p>Fruit Flapjack<br/>Freshly Prepared Fruit</p>                                                    | <p>Cheese &amp; Tomato Pizza<br/>Sweet Potato &amp; Spinach<br/>Balti</p> <p>Jacket Wedges Baked<br/>Beans or, Crunchy Coleslaw<br/>&amp; Seasonal Salad</p> <p>Apple Crumble &amp; Custard<br/>Freshly Prepared Fruit</p> | <p>Battered Fillet of Fish<br/>Southern Fried Quorn<br/>burger<br/>Vegetable Pakoras</p> <p>With Chipped Potatoes,<br/>Mushy Peas or Seasonal<br/>Salad</p> <p>Gallydale Biscuit<br/>Freshly Prepared Fruit</p> |
| Week 3                                                                                                                                                    | <p>Mascarpone Pasta<br/>Sweet Potato &amp; Lentil<br/>Curry</p> <p>Served with Crusty Bread<br/>or Flatbread and Seasonal<br/>Salad or Vegetables</p> <p>Ginger Sponge<br/>Freshly Prepared Fruit</p> | <p>Halal Chicken Tikka Masala<br/>with Pilau Rice<br/>Japanese style Vegetable<br/>Rice</p> <p>Corn Wheels<br/>&amp; Seasonal Salad</p> <p>Chocolate ice Cream Roll<br/>Freshly Prepared fruit</p> | <p>Cheese &amp; Tomato Pizza<br/>Tuna Mayo Panini</p> <p>With Homemade Cajun<br/>Jacket Wedges Baked<br/>Beans or seasonal Salad</p> <p>Marble Sponge &amp; Custard<br/>Freshly Prepared Fruit</p>                 | <p>Halal Spicy Chicken<br/>Meatballs &amp; Spaghetti<br/>Mexican Burrito</p> <p>Garlic Bread &amp;<br/>Seasonal Salad</p> <p>Fruit Jelly<br/>Freshly Prepared Fruit</p>                                                    | <p>Halal Chicken Pakoras<br/>Battered Fillet of Fish<br/>Vegetables roll</p> <p>Chipped Potatoes<br/>Baked beans or Seasonal<br/>Vegetables</p> <p>Shortbread<br/>Freshly Prepared Fruit</p>                    |
| Menu 3B                                                                                                                                                   | Monday                                                                                                                                                                                                | Tuesday                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                          |
| Week 1                                                                                                                                                    | <p>Macaroni Cheese<br/>Vegetarian Spaghetti<br/>Bolognese</p> <p>with Garlic bread<br/>and Seasonal Salad</p> <p>Chocolate Sponge &amp;<br/>Chocolate sauce<br/>Freshly Prepared Fruit</p>            | <p>Keema Burger<br/>Quorn Burger<br/>Cheese &amp; Onion Flan</p> <p>With Homemade Jacket<br/>Wedges &amp; Crunchy<br/>Coleslaw</p> <p>Date Crispy Crunch<br/>Freshly Prepared Fruit</p>            | <p>Halal BBQ Chicken Taco<br/>Boat<br/>Cheese &amp; Tomato Pizza</p> <p>Diced Potatoes and Baked<br/>Beans or Seasonal Salads</p> <p>Lemon Shortcake &amp;<br/>Custard<br/>Freshly Prepared Fruit</p>              | <p>Halal Meat Dopiazza &amp;<br/>Rice<br/>Cheese Whirl<br/>Vegetable Whirl</p> <p>With Homemade Roast<br/>Potatoes, Seasonal<br/>Vegetables &amp; Gravy</p> <p>Ice cream with Seasonal<br/>Fruits<br/>Yogurt</p>           | <p>Golden Fillet Fish Fingers<br/>Salmon Fish Fingers<br/>Mexican Burrito</p> <p>With Chipped Potatoes<br/>Seasonal vegetables or<br/>Salad</p> <p>Butterfly Bun<br/>Fresh Fruit Salad</p>                      |
| Week 2                                                                                                                                                    | <p>Cheese &amp; Tomato Pizza<br/>Baked Tortilla Wrap with<br/>Julienne of vegetables</p> <p>Home cut Potatoes and<br/>Seasonal Salad</p> <p>Syrup Sponge &amp; Custard<br/>Freshly Prepared Fruit</p> | <p>Halal Pasta Bolognese<br/>Vegetarian Quesadillas</p> <p>Garlic Bread and<br/>Seasonal Salad</p> <p>Fresh Fruit Salad &amp; Ice<br/>Cream<br/>Yogurt</p>                                         | <p>Halal Chicken &amp; Spinach<br/>Homemade Cheese &amp;<br/>Onion Pasty<br/>Savoury roll</p> <p>Herby Potatoes<br/>Crunchy Coleslaw &amp;<br/>Seasonal Salad</p> <p>Fruit Flapjack<br/>Freshly Prepared Fruit</p> | <p>Halal Chicken Sub roll<br/>Italian Tomato Pasta with<br/>Crusty bread</p> <p>With Homemade Jacket<br/>Wedges Baked Beans or<br/>seasonal Salad</p> <p>Paris Sandwich &amp; Custard<br/>Freshly Prepared Fruit</p>       | <p>Battered Fillet of Fish<br/>Southern Fried Quorn<br/>burger</p> <p>With Chipped Potatoes,<br/>Mushy Peas or Seasonal<br/>Salad</p> <p>Gallydale Biscuit<br/>Freshly Prepared Fruit</p>                       |
| Week 3                                                                                                                                                    | <p>Cheese Pasta bake<br/>Sweet Potato &amp; Lentil<br/>Curry</p> <p>Served with Crusty Bread<br/>or Naan and Seasonal Salad<br/>or Vegetables</p> <p>Ginger Sponge<br/>Freshly Prepared Fruit</p>     | <p>Halal Meat Lasagne<br/>Cheese &amp; Broccoli Quiche</p> <p>Homemade Jacket Wedges<br/>&amp; Seasonal Salad</p> <p>Chocolate ice Cream Roll<br/>Freshly Prepared fruit</p>                       | <p>Halal Roast Chicken tikka<br/>Quorn Fillets</p> <p>Yorkshire Pudding<br/>Homemade Roast Potatoes<br/>Seasonal Vegetables &amp;<br/>Gravy</p> <p>Victoria bun<br/>Freshly Prepared Fruit</p>                     | <p>Halal Meatballs or<br/>Quorn balls in a Tomato<br/>Sauce</p> <p>Spaghetti, Garlic Bread &amp;<br/>Seasonal Salad</p> <p>Fruit Jelly<br/>Freshly Prepared Fruit</p>                                                      | <p>Fish Finger Sandwich<br/>Cheese &amp; Tomato Pizza</p> <p>Spicy Spirals or chips<br/>Baked beans or Seasonal<br/>Vegetables</p> <p>Marble Sponge &amp; Custard<br/>Freshly Prepared Fruit</p>                |
| <p>A Selection of Jacket Potatoes, Panini and Freshly Made Sandwiches Available Daily.</p> <p>Freshly Baked Bread and Seasonal Salads Available Daily</p> |                                                                                                                                                                                                       |                                                                                                                                                                                                    |                                                                                                                                                                                                                    |                                                                                                                                                                                                                            |                                                                                                                                                                                                                 |