The school taught students to act with integrity and kindness so they went on to demonstrate excellence in their chosen field.
Beckfoot
Upper Heaton
Food and Nutrition Assessment Overview 2022-2023

| Year Group | HT1 | HT2 | HT3 | HT4 | HT5 | HT6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | Safety in the Kitchen - booklet assessment Food Preparation Skills |  | Healthy Eating - booklet assessment Food Preparation Skills |  | Making the Right Choices - booklet assessment Food Preparation Skills |  |
| 8 | Cereal Grains - booklet assessment Food Preparation Skills |  | Food Commodities - bookl Food Preparation Skills | assessment | Where Food Comes From - booklet assessment Food Preparation Skills |  |
| 9 | Nutrition 1 - booklet assessment Food Preparation Skills |  | Nutrition 2 - booklet assessment Food Preparation Skills |  | Fake Away - booklet assessment Food Preparation Skills |  |
| 10 | Food Nutrition and Health Protein - test Carbohydrates - test Food Preparation Skills | Food Nutrition and Health <br> Fats - test <br> Vitamins - test <br> Minerals - test <br> Food Preparation Skills | Food Safety <br> Food spoilage and contamination - test Principles of food safety test <br> Food Preparation Skills | Food Choice <br> Factors affecting food choice - test <br> British and International <br> Cuisines - test <br> Sensory Evaluation - test <br> Food Preparation Skills | Food Provenance <br> Environmental impact and sustainability of food - test <br> Food processing and production - test <br> Food Preparation Skills | Food Science <br> Heat transfer - test <br> Functional properties - test Chemical properties - test Food Preparation Skills |
| 11 | NEA: Task 1 Food Investigation | NEA: Task 1 Food Investigation Deadline Friday $16^{\text {th }}$ December 2022 | NEA: Task 2 Food <br> Preparation <br> 3-hour practical assessment | NEA: Task 2 Food Preparation Deadline Monday 17 $^{\text {th }}$ April | Food Preparation and Nutrition revision <br> Exam Practice | GCSE EXAM <br> Paper 1 Food Preparation and Nutrition <br> 1 hour 45 minutes 100 marks |

