

Y7 01.02.23 Remote Learning Plan

Subject	Suggested time	Resources / link to Oak National	Topic	Instructions
English	08.40 – 9.40	Unit - Oak National Academy (thenational.academy)	Grammar	Select two of the lessons to complete.
Maths	09.40 – 10.40	www.mathswatch.co.uk	7Ma1 – Bar charts 7Ma2 – Algebraic expressions 7Ma3 – Tally and bar charts 7Ma4 – Simplifying expressions 7Ma5 – Factors, multiples & primes 7Ma6 - Multiplication practice	Log on to Mathswatch and complete the task set by your teacher.
Break	10.40 – 11.00			
Science	11.00 – 12.00	Food chains and webs - Ecosystems and habitats - KS3 Biology – BBC Bitesize - BBC Bitesize Changes to food webs - Ecosystems and habitats - KS3 Biology - BBC Bitesize - BBC Bitesize	Activate 1 Ecosystems: Food chains and food webs	Read through the BBC Bitesize pages to recap recent lessons on food chains and food webs. Answer the quiz questions at the end of each section.
Lunch	12.00 – 12.30			
History	12.30 – 13.30	Child labour during the Industrial Revolution (thenational.academy)	Industrial revolution	Using the link watch the video from Oak National Academy and complete the tasks.
PE	13.30 – 14.30	Cardio Kickboxing Fat Burning, Low Impact Workout growwithjo - YouTube P.E with Joe Monday 23rd March 2020 - YouTube Zumba® 30-Minute Beginners Latin Dance Mini-Workout - YouTube	Fitness	Choose two workouts from the links provided and complete both workouts.

Y8 01.02.23 Remote Learning Plan

Subject	Suggested time	Resources / link to Oak National	Topic	Instructions
English	08.40 – 9.40	Unit - Oak National Academy (thenational.academy)	Grammar	Select two of the sessions to complete.
Maths	09.40 – 10.40	www.mathswatch.co.uk	Weekly homework task.	Log on to Mathswatch and complete the homework tasks for this week set by your teacher.
Break	10.40 – 11.00			
Science	11.00 – 12.00	Elements, compounds and mixtures - BBC Bitesize Atoms and molecules - BBC Bitesize	Activate 2 Matter: Elements, compounds and mixtures	Read through the BBC Bitesize pages to recap recent lessons on elements, compounds and mixtures. Answer the quiz questions at the end of each section.
Lunch	12.00 – 12.30			
History	12.30 – 13.30	Child labour during the Industrial Revolution (thenational.academy)	Industrial revolution	Using the link watch the video from Oak National Academy and complete the tasks.
PE	13.30 – 14.30	Burn 600 Calories in a 60-Minute Workout With Jeanette Jenkins - YouTube 30 Minute No Equipment Home HIIT Workout The Body Coach TV - YouTube Zumba® 30-Minute Beginners Latin Dance Mini-Workout - YouTube	Fitness	Choose two workouts from the links provided and complete both workouts. If you complete the 'Burn 600 Calories in 60 minutes' workout, you only need to do this video rather than two.

Y9 01.02.23 Remote Learning Plan

Subject	Suggested time	Resources / link to Oak National	Topic	Instructions
English	08.40 – 9.40	Blood Brothers - Characters overview - Characters - AQA - GCSE English Literature Revision - AQA - BBC Bitesize	Blood Brothers	Study the characters in the play, reading through each one. Select one character and become an expert on them.
Maths	09.40 – 10.40	www.mathswatch.co.uk	9Ma1 - Fractions 9Ma2 – Pythagoras’ Theorem 9Ma3 – Ratio problems 9Ma4 – Solving equations 9Ma5 – Equations and Inequalities 9Ma6 – Entry Level tasks	Log on to Mathswatch and complete the task set by your teacher.
Break	10.40 – 11.00			
Science	11.00 – 12.00	Diffusion - Transport in cells - AQA - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize	B1 Cell Biology: Transport in cells	Read through the BBC Bitesize pages to recap recent lessons on transport in cells. Answer the quiz questions at the end of the section.
Lunch	12.00 – 12.30			
History	12.30 – 13.30	Child labour during the Industrial Revolution (thenational.academy)	Industrial revolution	Using the link watch the video from Oak National Academy and complete the tasks.
PE	13.30 – 14.30	30 Minute No Equipment Home HIIT Workout The Body Coach TV - YouTube 20 Minute Boxing Workout at Home Boxercise - YouTube 30-Minute Standing Cardio Workout - YouTube	Fitness – HIIT Training	Choose two workouts from the links provided and complete both workouts.

Y10 01.02.23 Remote Learning Plan

Subject	Suggested time	Resources / link to Oak National	Topic	Instructions
English	08.40 – 9.40	Romeo and Juliet - GCSE English Literature Revision - AQA - BBC Bitesize	Romeo and Juliet	Revise and complete the tests on the link.
Maths	09.40 – 10.40	www.mathswatch.co.uk	10Ma1 – Area of sectors 10Ma2 – Stem and Leaf and Pie charts 10Ma3 - FDP 10Ma4 – Parallel Lines 10Ma5 – Solving equations 10Ma6 – Arithmetic tasks	Log on to Mathswatch and complete the task set by your teacher.
Break	10.40 – 11.00			
Science	11.00 – 12.00	Plant organisation - Plant organisation - AQA - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize Alternating and direct current - Mains electricity and alternating current - AQA - GCSE Combined Science Revision - AQA Trilogy - BBC Bitesize	B2 Organisation: Plant organisation P2 Electricity: Electricity in the home	Read through the BBC Bitesize pages to recap recent lessons on organisation in plants and electricity in the home. Answer the quiz questions at the end of the section.
Lunch	12.00 – 12.30			
History or	12.30 – 13.30	Stalingrad and D-Day (thenational.academy)	WW2	Using the link watch the video from Oak National Academy and complete the tasks.
Geography	12.30 – 13.30	AQA GCSE Geography Revision Blast Tectonic Hazards 23 Feb 2021 - YouTube GCSE Geography Exam Skills Live Weather Hazards in the UK - YouTube	Challenge of Natural Hazard	Follow the links that will direct you to tutor 2 you revision sessions- follow the tasks as the sessions progress. You also have your Natural hazards revision pack and knowledge organiser that can further support you.
PE	13.30 – 14.30	30 Minute No Equipment Home HIIT Workout The Body Coach TV - YouTube 20 Minute Boxing Workout at Home Boxercise - YouTube 30-Minute Standing Cardio Workout - YouTube	Fitness – HIIT Training	Choose two workouts from the links provided and complete both workouts.