

WHAT'S BEEN HAPPENING IN SCHOOL?



Naz Shah MP - Visits BUH

Naz Shah (MP) visited Beckfoot Upper Heaton school today to speak to our Year 10 girls. She gave a tremendous and very moving speech about her own arduous struggles growing up and her successful journey in becoming an MP.



She also spoke to our girls about having high aspirations, resolute determination and the importance of education and hard work in becoming successful. Students (and staff) were both left totally inspired and in awe of Naz's life journey and her overall message. Our girls were really appreciative of Naz attending and had lots of questions for her afterwards! What an amazing inspirational woman!



See more photos on our website here

<https://www.beckfootupperheaton.org/naz-shah-mp-visits-buh/?cat=21>



Attendance News

We are refreshing our attendance protocol and having a big focus on attendance.

Each half term we will have a new set of rewards and interventions:

This half term you will start to notice reward stamps in your child's planner.

There are rewards for "**Excellent Attendance**" of **98%** and above
And for "**Good Attendance**" of **95%** and above.

Any student who is a little below **Good Attendance** will receive a "Nudge" which tells them how many weeks they need to attend to achieve **Excellent Attendance**.

Remember you can check your child's attendance on ClassCharts.

We are here to help, if you have any concerns about your child's attendance, please contact the attendance team or their year leader.

Catherine Edwards (Assistant Head for Attendance)
Lou Nutton (School Attendance Officer)

Research shows that for children to achieve excellence in their academic progress they need to be in school.

We expect families to act with integrity by supporting their child to come to school everyday.

Beckfoot Upper Heaton has a team of professionals ready to support your child and remove any in school barriers to attendance.

Working together to ensure your child is in school every day is the kindest thing we can do.

Good attendance at school is not just valuable, it's essential. Going to school helps to develop friendships, social skills, team values, life skills, cultural awareness, career pathways.

Attendance	Days Absent	Weeks Absent	Lessons missed
100%	0	0	0
95%	10	1.4	48
90%	19	2.7	95
85%	29	4.1	143
80%	38	5.4	190
75%	48	6.8	238
70%	57	8.1	285
65%	67	9.5	333

WHAT'S BEEN HAPPENING IN SCHOOL?

World Book Day 2023

World Book Day 2023 was celebrated in the library on Thursday 2nd March with quizzes, a live streaming of an interview with the children's author, Michael Morpurgo and the launch of this year's 'Readathon', a sponsored read which raises money to buy books for children in hospital.

The winner of the 'Numbers' quiz were Aisha Ajaz and Hashim Sheir in Yr 7. Both win a copy of 'Ghost Boys'. The winner of the 'Find the book' quiz were Mohammed Adam and Armaan Shazad in Yr 8. They both win copies of 'The Fowl Twins', a sequel to the famous fantasy novel, 'Artemis Fowl'.

There will also be a book token for the person who raises the most money in the 'Readathon' sponsored read, so come and get your sponsor card and start reading!



Adrian and Hedio taking part in the Michael Morpurgo



Hashim and Aisha with their prizes for the 'Numbers' quiz.



Inaya and friend doing the quiz.



Talha having finished his quiz.

WHAT'S BEEN HAPPENING IN SCHOOL?

YMCA Student Peer Mentoring Training

Our student leaders have recently been busy participating in Mental Health and Emotional Wellbeing Peer Mentoring Training with Chris from the YMCA.

Through this training, our pupils have become mental health peer mentors, focusing on how to support fellow students within the school, particularly on the mental health impact of the day to day within school.

Mentoring opportunities will be offered to students to come and engage with the new school Peer Mentors throughout the coming term, and school year. Engaging with the peer mentoring programme will allow our students to model our school values of excellence, integrity and kindness.

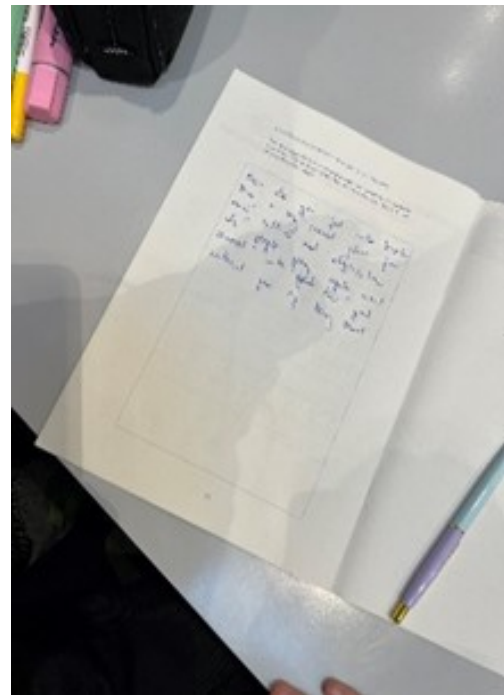
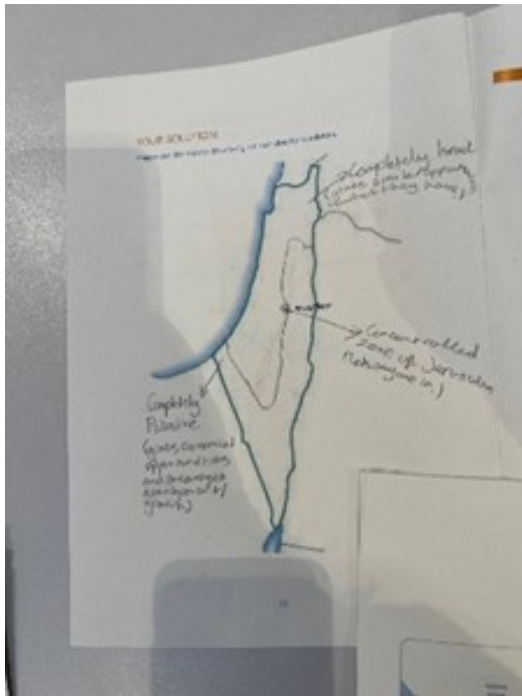
We are looking forward to helping our school community as well as engaging with transitioning pupils to the school through working with our peer mentors and welcoming our future year 7s into Beckfoot Upper Heaton in the summer. We are looking forward to seeing you at your primary schools soon!



WHAT'S BEEN HAPPENING IN SCHOOL?

Solutions Not Sides

We were incredibly privileged to welcome Solutions not Sides to work with some of our year 9 and 10 students. Students had the unique opportunity to speak to Danielle and Hamze from Israel and Palestine and heard first hand about the impact of conflict on their lives. Students embraced the opportunity to ask questions and worked on finding a practical solution to resolve the conflict in the region.



Teacher's comment:

9F were brilliant in the Solutions not Sides workshop. They were really mature, the facilitators were very impressed with some of the questions that were asked and students conducted themselves with excellence and kindness..



WHAT'S BEEN HAPPENING IN SCHOOL?

Tender Workshop

Some of our Year 8 and 9 students took part in the Healthy Relationships drama workshop run by Tender. Students explored healthy and unhealthy relationships and were empowered to consider their attitudes and challenge others. Students involved were amazing and praised for their enthusiasm.



Next Gen Leaders

Our Next Gen Leaders are on a mission to reduce plastic waste! Did you know it takes 450 years for a plastic bottle to decompose? The team have organised for a plastic recycling bin to be placed in the canteen and have written to with Naz Shah to raise awareness of litter in the local community. Do your part and recycle plastic!



WHAT'S BEEN HAPPENING IN SCHOOL?

Next Gen Leaders

Our Next Gen team 'Litter Lifters' visiting Beckfoot Heaton Primary and delivered an assembly about the importance of recycling. They then worked with a group of students to pick litter from the grounds of the school, you would be surprised to see how much they found!



The team were a credit to the school and look forward to working with Beckfoot Heaton Primary in the future.



EXAM TIMETABLE—SUMMER 2023

BECKFOOT UPPER HEATON - SUMMER 2023

DAY/DATE	START	FINISH	EXAMINATION	DURATION	VENUE	COMMENTS	NO INVIG
Mon 24 th April	1400	1430	AQA Italian speaking	30 mins	Oakbank	8633/SH	
Tues 25 th April	All day	All day	AQA Spanish	TBA	LRC	8658/SF	1
Weds 26 th April			AQA French speaking exams	TBA	LRC	8648/SF	1
Thurs 27 th April			AQA Urdu speaking exams	TBA	LRC	8648/SH	1
Mon 15 th May	0900	1030	AQA Religious Studies P1-3 Christianity P1-5 Islam	1 Hour 30	Sports Hall+1	8062/13(21) 8062/15	4
	0900	1000	CAMNAT OCR Engineering	1 Hour	Sports Hall	R105/01(31)	
	1030	1130	CAMNAT OCR Engineering	1 Hour	Sports Hall	R105/01 (1) CLASH STUDENT	1
	1300	1345	AQA Italian Listening H	45 Mins	Rm 2	8633/LH (1)	1
	1355	1445	AQA Italian Reading H	1 Hour		8633/RH (1)	
Tues 16 th May	0900	1015	AQA Science Trilogy Biology P1	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/B/1F (87) 8464/B/1H (55)	8
	1045	1215	AQA Media Studies	1 Hour 30		8572/1 (1) CLASH STUDENT	
	1300	1335	AQA Urdu P1 Listening	35 Mins	Sports Hall	8648/LF (7)	5
	1300	1345		45 Mins	Dance S	8648/LH (8)	
	1345	1430	AQA Urdu P3 Reading	45 Mins	Sports Hall	8648/RF (7)	
	1355	1455		1 Hour		8648/RH (8)	
Weds 17 th May	1345	1515	AQA Media Studies	1 Hour 30	Sports Hall +1	8572/1 (10)	
Weds 17 th May	0900	1045	AQA English Literature P1	1 Hour 45 (2 Hours 10)	Sports Hall +2	8702/1 (127)	8
Thurs 18 th May	0900	1000	AQA History P1A/D America – Opportunity & Inequality	1 Hour (1 Hour 15)	Sports Hall +2	8145/1A/D (78)	5
	1010	1110	AQA History P1B/D Conflict & Tension in Asia	1 Hour (1 Hour 15)		8145/1B/D (78)	
Fri 19 th May	0900	1030	Pearson Maths P1 Non Calc OCR Maths P1 Calc	1 Hour 30 (1 Hour 53)	Sports Hall +2	1MA1 1F (44) 1MA1 1H (59) J560/01 (40)	8
Mon 22 nd May	0900	1015	AQA Science Trilogy Chemistry P1	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/C/1F (87) 8464/C/1H (55)	8
	1030	1230	BTEC Enterprise	2 Hours		21429K (3) CLASH STUDENTS	
	1300	1430	AQA Geography P1	1 Hour 30	Sports Hall +1	8035/1 (54)	4
Tues 23 rd May		1500	BTEC Enterprise	2 Hours		21429K (7)	
	0900	0935	AQA French P1 Listening F	35 Mins	Dance Studio	8658/LF (2)	4
	0945	1030	AQA French P3 Reading F	45 Mins		8658/RF (2)	
Tues 23 rd May	0900	0945	AQA French P1 Listening H	45 Mins	Sports Hall	8658/LH (6)	
	0955	1055	AQA French P3 Reading H	1 Hour		8658/RH (6)	
Tues 23 rd May	1300	1445	AQA Religious Studies P2A	1 Hour 45	Sports Hall +1	8062/2A (21)	4
Weds 24 th May	0900	1115	AQA Literature P2	2 Hours 15 (2 Hours 49)	Sports Hall +2 +2	8702/2 (127)	8

EXAM TIMETABLE—SUMMER 2023

DAY/DATE	START	FINISH	EXAMINATION	DURATION	VENUE	COMMENTS	NO INVIG
Weds 24 th May	1300	1430	AQA Media Studies P2	1 Hour 30	G27	8572/2 (11)	3
	1300	1415	Italian Writing H	1 Hour 15	Room 1	8633/WH (1)	
Thurs 25 th May	0900	1015	AQA Science Trilogy Physics P1	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/P/1F (87) 8464/P/1H (55)	8
	1300	1400 1415	AQA Urdu Writing	1 Hour 1 Hour 15	Sports Hall	8648/WF (7) 8648/WH (8)	2
SPRING BANK HOLIDAYS							
Mon 5 th June	0900	1045	AQA English Language P1	1 Hour 45 (2 Hours 12)	Sports Hall +2	8700/1 (129)	8
	1300	1400 1415	AQA French Writing	1 Hour 1 Hour 15	Sports Hall +2	8658/WF (2) 8658/WH (8)	2
Tues 6 th June	0900	0945	Spanish Listening Test H	45 Mins	Rm 1	8698/LH (1)	1
	0955	1055	Spanish Reading Test H	1 Hour		8698/RH (1)	
Weds 7 th June	0900	1030	Pearson Maths P2 Calc OCR Maths P2 Non calc	1 Hour 30 (1 Hour 53)	Sports Hall +2	1MA1 2F (44) 1MA1 2H (59) J560/02 (40)	8
	1300	1400	AQA History 8145 2A/A Health & the people	1 Hour	Sports Hall	8145/2A/A (78)	5
	1410	1510	AQA History 8145 2B/A Norman England	1 Hour		8145/2B/A (77)	
			AQA History 8145 2B/C	1 Hour		8145/2B/C (1)	
Fri 9 th June	0900	1030	AQA Geography P2	1 Hour 30	Sports Hall +1	8035/2 (54)	4
	1300	1415	AQA Science Trilogy Biology P2	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/B/2F (87) 8464/B/2H (55)	8
Mon 12 th June	0900	1045	AQA English Lang P2	1 Hour 45 (2 Hours 12)	Sports Hall +2	8700/2 (129)	8
Tues 13 th June	0900	1015	AQA Science Trilogy Chemistry P2	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/C/2F (87) 8464/C/2H (55)	8
	1300	1415	AQA Spanish Writing test H	1 Hour 15	Rm 1	8698/WH (1)	1
Weds 14 th June	0900	1030	Pearson Maths P3 Calc OCR Maths P3 Calc	1 Hour 30 (1 Hour 53)	Sports Hall+2	1MA1 3F (44) 1MA1 3H (59) J560/03 (40)	8
Fri 16 th June	0900	1015	AQA Science Trilogy Physics P2	1 Hour 15 (1 Hour 34)	Sports Hall +2	8464/P/2F (87) 8464/P/2H (55)	8
	1300	1415	AQA Geography P3	1 Hour 15	Sports Hall +1	8035/3 (54)	4
Tues 20 th June	0900	1045	AQA Food Prep and Nutrition	1 Hour 45 (2 Hours 12)	Sports Hall +2	8585/W (12)	3

AFTER SCHOOL CLUBS

Dear Parents/carers and Students,

We have launched some fabulous and creative extra-curricular activities for students of all year groups and have a range of different clubs suitable for everyone to join after the Easter holidays.

You can join these after-school clubs by asking your parents /carers to complete a consent form. **You can pick one up from Reception.**

The timetable shows what clubs are on each day! These clubs run from 2:40pm-3:40pm.

Here's what some of our students think:

"I really enjoy the clubs as I get to be creative and make new friends." - Nissar

"The extra-curricular activities are amazing here at BUH I really love the badminton, where I can always beat my friends."- Abdul

We hope to see you at some of the clubs.

HOBBIES TODAY, SUCCESS TOMORROW



MONDAY	TUESDAY	THURSDAY	FRIDAY
Boys Cricket [KS3 Mixed]	Boys Intra-form Competition [Year 8]	Stem Club [All Years]	Industrial Cadets [Years 8 FULL]
Table Tennis [All Years]	Girls trampolining [All Years FULL]	Art club [All Years]	
	Boys Football [Year 8&9]	Badminton [All Years]	
		Chemistry Club [All Years]	

EXTRA CURRICULAR TIMETABLE

RAMADAN CHALLENGE

We are promoting acts of kindness during the month of Ramadan. Student will be taking part in the Ramadan challenge where they will be promoting positivity during this month. Why not join then and take part?

Ramadan @ BUH



1. Pick a bad habit and make a conscious effort to quit this	2. Say Hello to someone you have not spoken to before	3. Give to charity	4. Share food with your neighbour	5. Thank someone
6. Be kind to the planet. Recycle, reuse, reduce	7. Research and spread awareness of a global injustice	8. Help to prepare Iftar (or evening meal)	9. Have a healthy meal at Iftar/ evening	10. Complain less
11. Invite someone over for Iftar/ evening meal	12. Feed an animal or water a plant	13. Teach someone something useful you know	14. Forgive someone that has done wronged you	15. Find something to be thankful for
16. Intentionally smile at everyone	17. Give to Charity	18. Make a phonecall/ message someone you haven't spoken to in a while	19. Donate an item of unused clothing to the needy	20. Meditate
21. Treat others the way you want them to treat you	22. Conserve energy (switch off electrics etc)	23. Donate food to the needy	24. Help to prepare Sehri (or breakfast)	25. Read a story about an inspirational figure
26. Pick up litter	27. Leave the house tidier than you found it today	28. Go for a walk	29. List five things you have to be thankful for this Ramadan	30. Do something creative for Eid

excellence integrity kindness

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FOOD BANK APPEAL

Thank you to everyone who has given so generously to our Food Bank Appeal for Eid / Easter.



WHAT'S COMING UP NEXT?

Year 8 Parent Consultation Evening Wednesday, 26th April – 4pm to 6pm

Dear Parents and Carers,

Further to the letter sent out yesterday, we have taken the decision to change the Year 8 Parent Consultation Evening to **Wednesday, 26th April from 4pm to 6pm** to avoid the Ramadan and Eid periods, in the hope that more families will be able to attend.

All appointments can be made through our online booking system which opens at **8am on Monday, 17th April** here [SchoolCloud - Beckfoot Upper Heaton](#) and can also be accessed via the website [Beckfoot Upper Heaton - Home](#).

Each appointment will last for 5 minutes with your chosen teachers.

You can find guidance to help you gain access to School Cloud here:
<https://www.beckfootupperheaton.org/seecmsfile/?id=4972>

If you require any support in booking your appointments or about any aspect of the parents evening, please contact us at **reception@beckfootupperheaton.org**. We will be happy to help.



UNIFORM LOAN SHOP

When you borrow, please bring it back!

So that items can be borrowed by other students.

Parents—Please can you check your child's bedroom for any items and ensure they are returned to school?

100% correct uniform is expected of all students.

Parents, please take the Easter holiday as an opportunity to check that your child has a blazer, shirt, trousers, tie and shoes.

Uniform Donations are urgently needed—can you help?

If your child has grown out of anything, we would be very grateful for it in the Uniform Loan Shop.

Items can be left at reception.

Year 11 Students—Please remember to donate any items of your uniform and PE kit to the Uniform Loan Shop before you leave.



YOU MAY BE INTERESTED IN...

AMAZING OPPORTUNITY TO EARN MONEY AND EXPERIENCE WITH A RAILWAY COMPANY!

Yr 9s, 10s and 11s, take a look at this fantastic opportunity to gain valuable work experience with LNER (London North Eastern Railway) AND earn up to £150!

The work experience will be virtual (online) and will require students to work on laptops, mobile phones, tablets or computers at home to complete a series of missions. You would be expected to do 4 hours of 'work' a week for 7 weeks, which works out at over £5 an hour, simply to gain experience of working within a railway organisation!

If you are interested in taking part, please speak to Miss A Hussain, Mrs L. Morgan or Mrs Mathewson or simply scan the QR code below.



EARN £150

**GAIN WORK EXPERIENCE
LEARN INNOVATION SKILLS!**

STARTS MON 27TH MAR,
SCAN QR CODE
AND APPLY TODAY

**HAVE YOUR SAY IN
THE FUTURE OF RAIL TRAVEL**



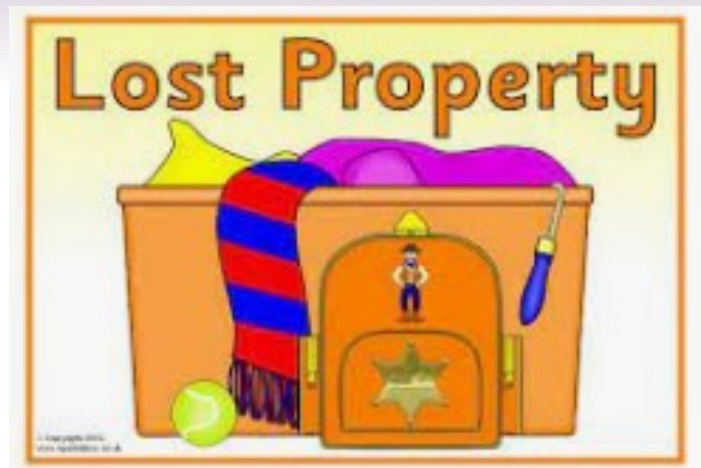
LNER LONDON
NORTH
EASTERN
RAILWAY
**STARTUP
SHERPAS.**

Lost Property

Have you lost something this half term? We have a number of items of school uniform, PE kits, bags and even coats.

Please come and collect your items before **Thursday, 20th April**. Any items not collected by this date will be washed and donated to our School Uniform Loan Shop.

Thank you



Need advice or support?



Tell somebody
It is important to talk to someone that you trust. This could be a family member or a friend. If you can't do this you can also find support at any of these sources. Never keep it to yourself!



Childline -

www.childline.org.uk

Phone: 0800 1111

YOUNG Mi MINDS

Young Minds -

www.youngminds.org.uk



Kooth-

www.kooth.com

You can also email: safeguarding@beckfootupperheaton.org

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Stay Connected



<https://www.beckfootupperheaton.org>



safeguarding@beckfootupperheaton.org



reception@beckfootupperheaton.org



01274 493533



Beckfoot Upper Heaton



@B_UpperHeaton



@b_upperheaton



Signing up to Class Charts

1. Select [Sign up](#) from the main page and fill in the form provided. Enter your [parent](#) code into the [Access code](#) field.

Please note: Your Access Code is *not* the same as your password. The access code is only needed for the initial sign up.

2. Click on the [Sign up](#) button below the form.

3. Confirm the pupil's date of birth when prompted. Click on the [Date of Birth](#) field and use the date picker to enter the correct date.

4. A [confirmation message](#) will appear, indicating that the sign up process is complete. [Verify](#) your email address to continue.

LOG IN SIGN UP

Email address

Access code (provided by school)

Name

Password

Repeat password

SIGN UP

Date of birth confirmation

To confirm you are the parent / guardian, please enter your child's date of birth.

Date of birth

OK CANCEL

✓ You have successfully signed up.

**Have a great Easter holiday
everyone!**

**School reopens for all on
Monday, 17th April**



Reminder!

Friday, 21st April

**is a Training Day and school is
closed to staff and students.**