



Safety Guidance

In light of the recent riots and unrest, it's crucial for local communities, especially people of colour to take proactive steps to ensure their safety.

1

Stay Informed: Keep up to date with reliable news sources and local authorities for information on which areas to avoid. Stay connected with local organisations, such as Bradford Hate Crime Alliance on bradfordhatecrimealliance.com and the Race Equality Network at raceequalitynetwork.org.uk. You can also email the Race Equality Network directly at info@racequalitynetwork.org.uk.

2

Misinformation: always seek verification of anything you see online or which is circulating on social media and is not an official notification. Verification can be sought by contacting the Police through the community hub.

3

Avoid High-Risk Areas: If you know of any planned protests or areas of unrest, steer clear of these locations for your safety.

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Avoid travelling alone: If you must go out, do so in groups. There is safety in numbers, and having a friend can be crucial in case of emergencies. Stay in brightly lit areas and avoid wearing headphones in order to be vigilant. For example, stand to the back of platform edges and keep an eye out for your surroundings. Make sure someone knows where you are at all times.

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Emergency Supplies: Keep essential items on hand, such as a fully charged phone, water, and first aid supplies.

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Dress: For any Muslim women who wear the Hijab, consider tucking your Hijab into your clothes to prevent any Islamophobic attacks.

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Report Suspicious Activity: If you witness any suspicious or dangerous behaviour, report it immediately to the relevant staff or police.

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Neighbours: Times like this can be isolating for some communities, so please support your neighbours, check in on those that may be vulnerable and offer support where possible.

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Mobile Phones: Ensure you have access to a mobile phone that is charged, in case of an emergency.

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Communication: Racism and Islamophobia are serious hate crimes so reach out to your friends, family, employees, colleagues, volunteers and service users to offer support and provide a safe space for them to express their feelings and concerns about current affairs and how it has affected them.

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Mental Health: Those individuals and communities that experience racial unrest, can significantly impact mental and emotional well-being. If you are experiencing feelings that are difficult to cope with, please visit www.healthyminds.services or for a range of online self-help resources. You can also contact Shering Voices at www.sheringvoices.net and Bechai Charities at www.bechai.org.uk.